



AMARA

SPA • SALON • BOUTIQUE



ŚUBHAMASTU



AMARA PACKAGES

The Jet-Lagged

Complete Relaxation Retreat Massage, Scrub, Brightening Facial, and Body-wrap.

150 min.

The Soul Mates

Couple Relaxation Retreat Massage, Brightening Facial.

150 min.

Body Scrub & Wraps

An invigorating herbal cleanser and skin polisher packed with powdered oatmeal, green gram, almond, neem, turmeric and fennel to promote healthy, fresh and glowing skin.

Ubtan Scrub: 30 min.

Lavanya Wrap: 30 min.

AMARA MASSAGES

AMARA SIGNATURE MASSAGE

As the name implies a four hands massage is performed with four hands or two therapists. During a typical four hands massage session, the therapists use relaxing, slow, warmer and deeper movements to target specific areas all around the body.

Kama Ayurveda: 60 min. / 90 min.

Forest Essentials: 60 min. / 90 min.

SWEDISH

The classic massage with long gliding strokes to relax the entire body and increase the oxygen level in the blood and decrease in the muscle toxins.

Kama Ayurveda: 60 min. / 90 min.

Forest Essentials: 60 min. / 90 min.

AROMA THERAPY

Gentle massage using long and firm sweeping strokes, infused with gentle aromatic essential oils of precious plants and herbs to relax and heal your being.

Kama Ayurveda: 60 min. / 90 min.

Forest Essentials: 60 min. / 90 min.

DEEP TISSUE

Firm pressure and slow strokes to reach deeper layers of muscle and face. Ideal to release chronic muscle tension and reduce stress hormone levels.

Kama Ayurveda: 60 min. / 90 min.

Forest Essentials: 60 min. / 90 min.

BALINESE

A holistic treatment, using a variety of ancient massage techniques like acupressure, kneading and gentle stroking combined with special aromatic essential oils to re-energize and re-boost blood circulation and relax knotted tissues and help in re-balancing your system.

Kama Ayurveda: 60 min. / 90 min.

Forest Essentials: 60 min. / 90 min.

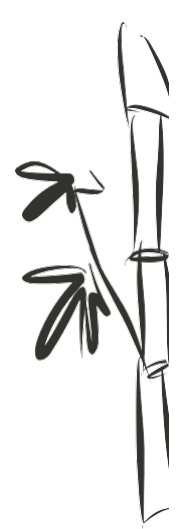
HOTSTONE

Indulge in wealth of benefits with our smooth, heated stone massage. This helps relax tense muscles, reduces stress, promotes sound sleep and gives a boost to your immune system.

Kama Ayurveda: 60 min. / 90 min.

Forest Essentials: 60 min. / 90 min.

All prices are tax inclusive | Book with prior appointment | Terms & Conditions apply





AMARA EXPRESS

Stimulating Scalp Massage (Head Massage)

De-stress yourself with stimulating head massage oils from Kama, specially crafted for different scalp types and conditions like dandruff, itchy scalp, dry scalp, etc.

Kama Ayurveda: 30 min.

Forest Essentials: 30 min.

Relaxing Neck, Shoulders & Back

Refreshing express massage using special pressure point techniques and warm soothing oils, relieves physical and emotional stress built-up in your back neck and shoulders.

Kama Ayurveda: 45 min.

Forest Essentials: 45 min.

Reflexology

Stimulating specific reflex points on your feet, hand and ears. Helps stimulate activity of internal organs and boosts energy level.

Kama Ayurveda: 30 min.

Forest Essentials: 30 min.



FACIAL BEAUTY

Kamakalp Facial

An Ayurvedic treatment specially formulated with precious and rare herbs and oils for a flawlessly glowing complexion. Facial is a family of skin care treatment for face, including steam, exfoliation, extraction creams, lotions, facial masks and massage

60 min.

Kama Clean Up

30 min.

D-tan Facial

60 min.

D-tan Clean-up

30 min.

O3+ Facial

60 min.

O3+ Clean-up

30 min.

SKEYNDOR FACIAL

Expert Pro

Double dimension deep cleansing. Removes skin impurities and rejuvenate cells.

Clean-up: 30 min.

Facial: 60 min.

Advance Sensitive Treatment

Reduces skin disorders or allergic skin reaction such as eczema, rosacea or allergic contact dermatitis, etc.

60 min.

Vitamin C+ Line (Brightening Formula)

Vitamin C (21%) is one of the most valued ingredients in dermatology due to its multiple benefits on the skin and treating hyper-pigmentation, tanning, dull and dry skin. This powerful ingredient also helps the skin by stimulating metabolism of the formula of collagen.

60 min.

Advanced Dehydration Treatment

With maximum hydration, it improves the appearance of wrinkles, micro-relief and coetaneous wrinkles. Main ingredient is 0.25% hyaluronic acid with very low and high molecular weight, sunflower extract, etc. This gives optimum degree of hydration.

60 min.

Skeyndor clean up

Clean-up: 30 min.

Facial: 60 min.





Corrective Line

Fill-in techniques and the application substances can relax the skin's micro-contractions; an intense smoothing effect is produced on the deepest wrinkles. As a result, these wrinkles disappear gradually and naturally after the first few sessions.

60 min.

Deep Lines Filler

Fill-in techniques and the application substances can relax the skin's micro-contractions; an intense smoothing effect is produced on the deepest wrinkles. As a result, these wrinkles disappear gradually and naturally after the first few sessions.

60 min.

Oxygen Power Facial

Anti - pollution line that protects skin from environmental pollution and provides much needed oxygen to it. It creates a barrier which protects the skin against environmental pollution. Contains Perflurobecalin, and oxygen attracting molecules and to complementary polysaccharides with protective effect. It is a combination of oxygenating, anti-pollution, anti-oxidants, detoxifying and pre-biotic active ingredients for a more intense purifying and all round protective effect.

60 min.

Clear Balance Line

A New line product developed to normalize and help treat the three main causes found in oily and or acne skin: Hyper seborrhea, hyperkeratosis and infections.

60 min.